



Bringing Arabian Enthusiasts Together Since 1965

Volume 2, Issue 3
 “Hot Weather Riding”

The Georgia Arabian Horse Association is proud to sponsor activities in Georgia that are focused around Arabian horses and their owners and breeders.



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Summer means camp!

Why Camp is Great for Children

If you’ve been to camp, you’re not surprised to hear about the benefits of summer camp. Experiencing life at camp yourself as a child, you know the profound positive effects that still matter to you as an adult, and you also know that you want the same thing for your own kids.

But if you didn’t go to camp as a child, you may not realize just how good the experience is for children. You may not know why so many parents are committed to sending their kids to camp. So while we have talked about most of these before, here is a list of the most important reasons to send your kids to camp.

At camp:

10. Camp is action!
9. Camp teaches kids that they can.
8. Camp helps conquer fears.
7. Camp is real!
6. Camp expands every child’s abilities.
5. Camp helps kids develop who they are.
4. Camp is play!
3. Camp builds teamwork.
2. Camp gets kids back outside.
1. Camp creates friendships.

See? Camp is great!

President's Message

Contact us

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As I write this message, the month of May is half over. For many of our GAHA members 2016 has already been a very busy year training, preparing, practicing and showing. But then, that's just what we do. And for the most part, Mother Nature has been more than generous with the weather for us to enjoy together.

This year May has had two different events that I want to touch on in this message: the R12 Championship Horse Show and the GAHA Trail Ride, 2016 Spring Edition.

For the first time in a couple of years, I was able to spend five and a half days in Perry, Georgia, as a volunteer for the Region 12 Championship Horse Show. I have to say my time there was like mental medicine for me. I drove down on Saturday and helped move the show from the warehouse to the fairgrounds and helped with the set-up for the Dressage and Sport horse arena. After a three-year absence I was delighted that I really wasn't that difficult to retrain. On Sunday evening, I had to take a break for business for a couple of days and returned on Thursday morning. From that point through the end of the show, I helped Tim Ross and Eric Rueter with the duties at the in-and-out gate in Reeves arena. From that position of the show ring, a volunteer has the advantage of watching all of the exhibitors entering and exiting the show arena. I was so proud to see many of our GAHA members pass me with Top 5, Reserve and Championship awards.

As a sublet of gate duties, a volunteer also has the visibility of the many spectators and exhibitors who pass into the arena and often is able to take advantage of the pause time as the class runs to reconnect, visit and catch up with old friend on the times passed. I continue to ask myself, how can that not bring contentment to you? The answer is, It does. Some volunteers truly carry a passion for everything equine even though we would never answer a gate call on the back of a horse. This year I spent the week working with two other volunteers with whom I share this passion. Oh, and I also made a new friend that I promised I was going to put on the front page of the next GAHA newsletter. During the special Saturday night presentation by Sylvia Gabini, I was taking back stage photographs of R12 members assisting in the paddock and I got photo-bombed. All I'll say is my new friend's name is Courtney. Take a look.



So, let my friend know you saw her – and Peace out, Courtney!

President's Message continued...

I can't close without an update on the 2016 GAHA Spring Trail Ride. Saturday, Mother Nature again gave us an absolute perfect day. During the last week the numbers altered as to the total riders who would participate but, on Saturday, 14 riders pulled into Ashland Farm with their horses along with half a dozen or so helpers and parents who just came along for the fellowship.

Missy Snyder led the group along almost six miles of trails, which included creeks and lakes. When I arrived everyone was all about the task of grooming and saddling up. I had promised lunch for the group so once I got the kitchen set up I scurried down to the staging area where Connie Green had the group posing for pictures. I also snapped a few myself. It was evident that everyone was excited about getting on with the ride.

Once the formation vanished into the woods, Connie volunteered to be my kitchen assistant and we set about grillin' for that hungry group traveling down the trails. Once the group popped over the hill from the trails, there was one comment that I heard repeated at least a dozen times, "The trails are gorgeous! We have to do this again!"

The midday meal was burgers, hot-dawgs, tortilla chips, salsa and water but everyone graced the cook with compliments galore. Also, Connie introduced a new culinary picnic delight to me. Let me just say, if you are open to attacking a cheeseburger, then ask Connie Green for her recipe for a Southwest Chipotle Cheeseburger Con Queso. (I think she made it up at Ashland Farm).

What a great group we had, what a great time we had, and what a great day it was.

Mike Moak
President

ammoakga@gmail.com
706-540-7326

GAHA group trail ride lead by Missy Snyder at Ashland Farm on May 14th



GAHA YOUTH

2016 Youth Scholarship

Scholarships are awarded on the basis of academic ability, leadership, community service, and involvement in equine activities. Scholarship winners are to use the award toward undergraduate educational expenses at institutions of higher learning. An institution of higher learning is defined as one which may only be attended upon receipt of a high school diploma or its equivalent, which includes colleges, universities, junior or community colleges offering an associate degree, and trade schools providing education in a field leading to permanent employment.

Region XII will offer three scholarships: one for \$3000, one for \$2000, and one for \$1000 to three graduating high school seniors to further their educational studies.

Eligibility

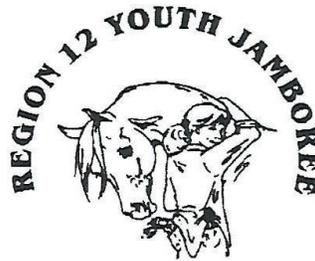
Each applicant must be a current member of a Region XII club, must reside in Region XII, and must be a graduating high school senior when applying.

Questions regarding the scholarship should be directed to Kelli Bennett at 803.429.1931 or by email at threeoaksarabian@aol.com.

Find the [PDF on the AHA website](#).



Norma Karst
GAHA Youth Director



Region 12 Youth Jamboree - "LEADERSHIP THROUGH HORSEMANSHIP"

Tuesday, June 14 at 8:00am

[T. Ed Garrison Livestock Arena, Main Arena](#)

1101 West Queen Street
Pendleton, SC 29670, USA

Essay Contest

The essay topic is: "My Horse and I Joined the Circus: We..."
use your imagination for a great adventure
Ages categories: 8 & under, 9 to 11, 12-14, 15-18

All essays must be a minimum of one page. Management reserves all rights to essays. Winning essays may be published. No essays will be returned. Please keep a copy.

Stall Decorating, Art & Photo Contest

You may use any medium for your entry in this Contest.
You must portray a Horse as your subject.

This year's theme is: JOIN US UNDER THE BIG TOP: The Greatest Horse Event on Earth"

Ages categories: 8 & under, 9 to 13, 14-18

Include your name, age, address and phone number. *Bring to Jamboree or Mail*

Stall decorating & Costume class will be awarded in two categories: Best Use of Theme & Most Creative. Costume will be two groups: 1-3 participants & 4+ participants

**For both contests: MAILED
ENTRIES MUST BE
POSTMARKED BY May 23, 2016**

Email or Mail to:

2016 Jamboree
c/o Robert Obermiller
111 Glenn Cove Rd.
Starr, SC 29684
rlobermiller@gmail.com

39th Annual



REGION XII

Arabian & Half-Arabian Championship Show

GAHA would like to congratulate all our members for their winnings and thank all the members who volunteered to make this a great show!



Above left:
Jessica Teasdale on
RD Hi-Definition

He was Top 5 in PB
Hunter Pleasure
AATR 35+ and Top
5 PB Hunter
Pleasure AAOTR
19-39. This picture
was from the AATR
class.

Above right:
Robin Chisolm-Seymour on
Blockbuster PF

Champion in the Arabian
Country English Pleasure
AAOTR 55+ and unanimous
champion in the ATR Select

Above left:
Diane Huchet on Cassino Royale (barn name is "Jake"
like Jake from State Farm) and barn mate Katie Whelan
Wiese won reserve on her horse Surround Sound

Above right:
Diane and Jake



The Arabian Horse Association is committed to recognizing and rewarding the riders who work with and enjoy Arabian and Half-Arabian/Anglo-Arabian horses - in all types of non-competitive riding and driving.

The best part of the FRP is that the type of riding doesn't matter as long as it is non-competitive! Whether you use an Arabian or Half-Arabian/Anglo-Arabian horse to trail ride, do ranch work, participate in parades, take riding lessons, train under saddle or just ride or drive for pleasure, you can now be recognized and rewarded for what you love most.

I ride all the time! How do I join?

Riders who would like to compete in the FRP must fill out the Incentive Program Sign-Up Form and pay a one-time \$25 processing fee to join.

Program participants are defined as an individual rider, not a specific horse and rider combination. This means that as a rider, you may ride any number of horses, regardless of whether you own them or not, as long as they are all Arabians or Half-Arabian/Anglo-Arabians registered with the Arabian Horse Association.

NOTE: Participation in any Arabian Horse Association program requires a current membership with the Arabian that might include: Groundwork, Feeding, Cleaning Stalls, Tacking Up, Trailering, Veterinary Care

*Be sure to contact us if you have questions about which activities are allowable

Are you participating? Let us know!

GAHA Contact: Susan White
 swdeepcreekarabs@aol.com / 770-547-2832

Left side: Diane Huchet on Cassino Royale and Katie Whelan Wiese on Surround Sound
 Right:
 Top: Team Cabbage
 Middle: Cody Lee Chamberlain
 Bottom: Gracie was champion in equ flat 13 and under and Hannah Duke reserve; both first time at regionals



Lynn & Hal Glover

FREQUENT RIDER PROGRAM

Calling all GAHA Members!

The Frequent Rider Program rewards riders for every hour that they spend riding or driving an Arabian or Half-Arabian/Anglo-Arabian horse in non-competitive activities.



MEMBER SPOTLIGHT

Missy Snyder



Today Missy has 2 horses she loves dearly. Her purebred Arabian, Zalezhar Halima+ was rescued from a terrible situation. He ended up winning seven National titles over fences with Missy while in his 20s. He also competed in open hunter shows winning numerous championships. He is now retired from the Arabian circuit but still loves trails, beaches and, of course, jumping.

Her young half Arab, Khonstellation ABC is starting his career in the Arabian Sport Horse arena. He was Region 12 Reserve Champion SHIH in 2015 and is now beginning under saddle work.

While Missy enjoys competing, peaceful trail rides to the lake are still one of her favorite things to do. She recently led the first GAHA trail ride at Ashland Farm with 11 riders and explored fields, woods, creeks and lakes. After our adventure, GAHA president Mike Moak treated us to a special cookout. Everyone enjoyed relaxing in the great outdoors... especially the horses!

GAHA board member Missy Snyder has loved the Arabian horse since she was a child. She adored spending time with her mother's young Arab gelding, bonding with him and quickly learning how to ride. Being with a horse was magical to her and she rode every chance she got. Soon thereafter she took her first jump on an Arabian and became hooked. To her, it was the closest thing to flying there was.

This is what every score on your dressage test is based on!

Dressage Tip





You Are Invited!!



HORSE SHOW EXHIBITOR'S WORKSHOP 101

Sunday, June 12th from 2:00 – 4:00 PM

Vicki Humphrey Training Center
734 Roper Road, Canton, GA 30115

Co-Hosted by the:

Georgia Arabian Horse Association
and
Atlanta Riding Club

Whether you are a first time horse show exhibitor or just want to pick up some helpful hints, come join us for a fun and informative workshop. We will go over everything from entries to the finishing touches on your horse's grooming. Get hands on experience and enjoy the company of fellow horse enthusiasts.

- Horse show office- Entries, back numbers, and patterns
- Proper show ring attire
- Clipping and Bathing
- Grooming and touch ups

Come get expert advice from professionals in the field and learn tips and tricks from fellow competitors – while having some fun & refreshments! We look forward to seeing you!

An RSVP will be greatly appreciated!

Mallory Devoll

Email: mallorydevoll.arc@gmail.com

Cell/text: 616-481-8833

Robin Chisolm-Seymour

Email: rchisolmseymour@yahoo.com

Cell/text: 404-308-8731

YOUTH MEMBER SPOTLIGHT

Eliza Ginn

New in this edition of the GAHA Newsletter is our Youth Member Spotlight. We intend to highlight a Youth rider in each edition and share their stories with you.

Today we are featuring Eliza Ginn. Eliza, now 22 years old, first began riding at the age of 5. Her first lesson horses included a Hackney pony named Midnight and a TB named Mikie. When it came time to purchase Eliza her own horse, the logical place to go was to Robin Ginn who is Eliza's cousin. Robin had a long history of breeding and showing Arabian horses. Robin had a green broke Half Arabian named Bouccos Flight Plan (lovingly known as Boo) for sale and Eliza fell instantly in love. Thus began a wonderful partnership.

Having ridden in the HJ divisions thus far in her riding career, Eliza and Boo began training under the watchful eye of Chris Elliot. The pair quickly took to the show ring and were rewarded with many blue ribbons. Faced with a near career-ending situation where both hind leg suspensories were torn, Eliza refused to give up on Boo. For two and a half years Eliza worked with doctors and lovingly brought Boo back to complete soundness! The decision was made to leave the jumping behind and focus on a career in the dressage arena for Boo. Eliza turned to local Dressage professional, Kim Schisler Sosebee for help and in the summer of 2014 earned her USDF Bronze Medal with Boo. The pair went on to compete at the 2015 Arabian Sport Horse National show at both 2nd and 3rd levels and came home with the Reserve Championship honors at 2nd level as well and a Top Ten placing in the very competitive 3rd level division. Eliza and Boo were honored by the United States Dressage Federation with a 4th place standing in the nation at 3rd level (see next page). Now retired from completion, Boo spends his time working lightly with Eliza and sharing his knowledge with other riders eager to learn the art of Dressage.

Now focused on her young mount Dauntless known at home as Danny, Eliza is working with KC Redmond and together they are reaching new goals every day. Danny is a superstar in the arena winning classes at both Training Level and First level in open shows. The pair is qualified for the USDF Region 12 2016 Championships. Eliza also rides upper level horses for Anne Margaret Meyers of Cahuilla Dressage where she is honing her skills in preparation for winning her USDF Silver medal.

We asked Eliza to share her thoughts with us on showing Arabians in dressage and on what it takes to be a successful Youth Rider and her is her response.

“I have become a very successful young rider but it has taken years of hard work and dedication to get to where I am today. I would not be half the rider I am today without my little Half Arabian who taught me how to be a more dynamic rider and to work hard for what I want. My advice to other young dressage riders with Arabians is to set goals that are high but attainable and go for it with all you have! Do not let anyone tell you that you cannot do something or that you won't be good at it just because your horse is an Arabian. I have heard it all from showing on the open circuit and people are shocked when they see my “little horse” go out and beat all the *big warmbloods*. So often trainers and even other riders underestimate the Arabian horses and almost look down on them at open shows and events. I don't let this discourage me. Instead, I want to show people just how cool my Half Arabian horse is and just how competitive he can be! I love being able to stand out and turn heads with my little Half Arabian! I hope to see more of you stepping out into the dressage ring soon, too.”

We are so inspired by you Eliza! Thanks for sharing your story with us. Look for more words of inspiration from other youth riders in our future issues of the GAHA Newsletter

*2015 USEF Horse of Year
National 4th Place HA/AA Dressage
Amateur Third Level*



*We are so proud of both of you!
With Our Love Always, Mom and Dad*



CHEROKEE FEED & SEED

Congratulations GAHA on your 50th Anniversary!

Cherokee Feed & Seed congratulates the Georgia Arabian Horse Association on its 50th anniversary and for its achievements to promote the best interest of Arabian horses in Georgia. We appreciate your support and look forward to your future successes.

We invite you to visit one of our three area stores for the finest quality equine feed, supplements and high quality horse hay:

Cherokee Feed & Seed
2370 Hightower Road
Ball Ground, GA 30107
770-887-0440

We have two other convenient locations to purchase your feed and hay:

Cherokee Feed & Seed
869 Grove Street
Gainesville, GA 30501
770-532-6291

North Fulton Feed & Seed
12950 Highway 9
Alpharetta, GA 30004
770-475-5572

Or visit us on the Web:
www.CherokeeFeedandSeed.com



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<https://plus.google.com/+Cherokeefeedandseed>

Equine Feeds Carried

Buckeye Nutrition
Cavalor
Crypto Aero
Legends
Nutrena
Purina
Seminole
Seminole Wellness
Southern States
Triple Crown

Horse Quality Hay

Orchard Grass
Western Timothy
Coastal Bermuda
Western Orchard Grass
Orchard/Fescue Mix
Kentucky Fescue
Kentucky Timothy
Ohio Timothy (80+ lbs.)
Canadian Timothy
Nevada Timothy (130 lbs.)
Colorado Timothy
Colorado Alfalfa
Western Alfalfa
Timothy/Alfalfa Mix
Orchard/Alfalfa Mix



Current AHA Membership with a Competition Card is required for participation in all AHA Events; horses enrolled in AHA programs MUST be registered, or eligible for registration with the Arabian Horse Association or the Canadian Registries. Refer to the current Handbook for membership requirements and for specific rules, regulations and deadlines, or call the AHA office. Please print clearly in Blue or Black ink.

Are you a new member to AHA? YES NO If No, AHA Membership # _____

Applicant Name _____
 Address _____
 City State _____ Zip/Postal _____ E-Mail _____
 Home # _____ Work # _____ Fax # _____
 Social Security or Taxpayer I.D. # _____ Date of Birth ____/____/____
Month Day Year

AHA Membership Type (select one)

Adult One Year-\$40 Adult Three Year-\$105 Youth-\$20 life - \$1,000 **Business - \$60 \$ _____

***AHA Membership Enhancements / Add-Ons** (available to new and existing AHA Members)

Club Affiliation: Club name GEORGIA ARABIAN HORSE ASSOCIATION Adult \$10.00/YR \$25/3 YRS..... \$ _____
 Youth \$5.00/YR \$15/3 YRS

Competition Card (Club Affiliate): Adult One Year \$35 Adult Three Year \$105 Youth \$25..... \$ _____

***Modern Arabian Horse Magazine Subscription** (Not included in base membership)

Discounted One Year Membership rate - \$10 Discounted Three Year Membership rate - \$30..... \$ _____

MEMBERSHIP TOTAL \$ _____

*Competition Cards will be issued to Individual Members ONLY (one name on the membership) and Excess Liability Insurance is included with each Competition Card. Club Dues collected by AHA will be for Individuals ONLY. Life Memberships include Competition Cards & Magazine.

**The Business membership will have competition privileges for no other purpose than Recorded Ownership.

AHA Member Award Programs info.comp@ArabianHorses.org

Amateur Achievement Awards: All participants in this program must be Amateurs and hold an AHA Membership with competition privileges (Competition Card). **Must be enrolled prior to competing in order to be eligible for Annual High Point Awards.**

_____ Initial Recording Fee \$50 \$ _____

_____ Annual Renewal Fee..... \$50 \$ _____

_____ *Retroactive Points - Please write year(s) _____, \$100 per year \$ _____

***Participants enrolled/renewed between October 1 and December 31 must pay the retroactive fee. Retro points are not available prior to 2002.**

AHA Dressage Rider: All participants in this program must hold an AHA Membership with competition privileges (Competition Card).

Level(s): Training First Second Third Fourth \$45 per level \$ _____

Frequent Rider Program: Online based program to log hours spent riding www.arabianhorses.org/activities/incentiveprograms/frp.asp

_____ One Time Processing Fee – *New participants only* \$25 \$ _____

PROGRAM & MEMBERSHP TOTAL \$ _____

In making this application, applicant declares that applicant will be/is a current AHA member, and is subject to and agrees to be bound by all provisions of the Articles of Incorporation, Bylaws, Rules and Regulations of the Arabian Horse Association as they now exist or may periodically be amended, knowledge of which applicant now has or will immediately acquire.

Signature _____ Date _____

Avoiding Toxic Plants in the Horse Pasture

Martin W. Adams, PhD, PAS – Equine Nutritionist for Southern States



How do you know what plants are safe, and what are some ways to prevent the potential for acute or chronic poisoning of your horses in their pasture? Generally, horses naturally avoid toxic plants, as they usually have an undesirable taste, but there can be exceptions. Overcrowding (less than 2 to 3 acres per horse) and overgrazed pasture (lack of fertilization, regular mowing or weed control) opens the door for the encroachment of toxic plants. Even if a sufficient diet of hay is fed, horses may graze toxic plants out of boredom.

Many poisonous plants that are a concern for horses are only slightly to moderately toxic and not life-threatening only if consumed in a fairly large quantity, at certain times of the year, or under conditions of heat and drought. Buttercup, Milkweed, Oak, Walnut, Pokeweed, Foxtail, Dogbane, Horsetail, Perilla Mint, Johnsongrass, Nightshade and Star of Bethlehem are examples. Although many of these plants are found in pastures, they're usually not consumed in a sufficient amount and are diluted by intake of pasture grasses to not be a problem. However, some plants are highly toxic with a consumption of just a few pounds, examples being Wild Cherry, Red Maple, Horse Chestnut, Yew, Rhododendron, Lantana and Laurel. The last four

plants listed are commonly used as ornamental plantings near a barn or paddock and could present an opportunity for a horse to consume enough for a fatal toxic dose. Horse eating leaves from low hanging and/or downed tree limbs that are wilted (wild cherry and red maple) are a common cause for equine deaths.

To minimize the possibility of horses grazing toxic plants

- Inspect your pasture to identify plants in and around your pasture that could be a problem.
- Don't allow overgrazing so there is enough desirable forage to dilute weeds that may be moderately toxic, like buttercups in the early spring, for example. Allow 30-day rest periods to allow grass to recharge their root reserves and grow to a minimum height of 4 inches for warm-season and 6 inches for cool-season grasses before allowing horses in to graze again. If not, the grass plants in your pasture can die out and be replaced by weeds and toxic plants.
- Maintain proper soil pH and keep potassium, nitrogen and phosphorus fertility at proper levels with regular soil testing and fertilizer application to provide vigorous growth of pasture plants.
- Control weeds and re-seed your pastures on a regular basis. Most toxic plants are broad-leaved and there are effective herbicides that can be used for spot and pasture applications.
- Be on watch for ornamental plantings and downed tree limbs that could have toxic implications for your horses.

DID YOU KNOW?

According to Arabian folklore chestnut horses are the fastest and bravest of all colors.

GAHA Membership Supports Region 12



www.georgia-arabians.com

How to Advertise in the GAHA Electronic Newsletter

GAHA will respond to ALL inquiries about advertising. If you send an email and don't get a reply within 2-3 days, please pick up the phone as it means either we didn't receive your message or you didn't get our reply.

Questions? Contact Kathy Hedgepath
404-314-0440 or klhedgepath1668@yahoo.com

Deadlines: The 15th of the month for the prior month's publication (i.e. January 15th is the deadline for the Feb/Mar issue).

Payment: When submitting your ad please send payment. Payment is accepted by check (payable to GAHA).

2015 DISPLAY ADS **FOR DIGITAL PUBLICATION**

Size	1X Price	Annual Price (6 issues)
Half Page	\$8	\$30
Quarter Page	\$4	\$20
Business Card	\$2	\$10

High Point Awards Program

- Points are earned from November 1 through October 31
- Nominee must be a GAHA member
- Points MUST BE RECEIVED NO LATER THAN November 15th of the award year

Now is the time to send in your GAHA high point nomination form to be included in the 2016 high point program. You can print a nomination form from the GAHA website at www.georgia-arabian.com Click on Yearly awards and High Point.

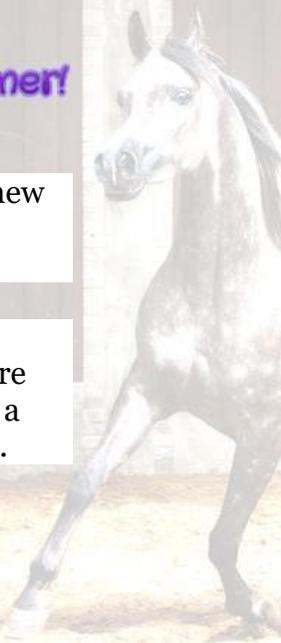
Every GAHA member can participate in the high point program.

Any questions regarding the High Point Awards should be directed to Connie Green at 770-974-8040 or conniegreen@aol.com

Ask the Trainer!

Welcome to our new segment: Ask the Trainer!

Designed to help those of us who are not working with a trainer every ride.



Our first series of questions focus on the western horse. We've asked Dale Brown to answer your questions.

Topic: Optimum fitness tips for your western pleasure horse

Q: How do you work your horses to obtain proper fitness for the show ring?

A: Obtaining proper fitness for the show ring can be achieved many ways but the most important to me and my program starts with nutrition. Finding the best feeding program available is huge. The best way to get started is by finding a reputable trainer, feed company or equine nutritionist. Most trainers will have a system that has worked for them for years which will be a time tested system. Most feed companies have a nutritionist on staff that can meet with you and your horse. These can often times be free farm visits and can be very educational. Once you get your horse eating the best possible feed and forage, you can then start your workouts.

The best work out for a horse to build muscle and airpower is going to vary from horse type to horse type. This will also be something a trainer and/or nutritionist will be able to help with. Horses do not

require huge amounts of work to gain a beautiful blossom. I get the best results from a good balance of working at all gaits over approximately 20 minutes per day on a 4-6 day per week schedule. Short workouts more often are much better for your horse's body as well as their mind. You will develop a fit horse with a willingness to please by keeping your sessions short and to the point. It has been proven that muscle begins to break down at approximately 20 minutes. Don't push beyond what your partner can give and you will be in shape and ready to show soon!

Q: What type of conditioning exercises do you use?

A: To gain as much condition as possible I will use as many different forms as I can create. You want to have diversity in your schooling sessions to help keep your horses mind fresh while he gains strength. Some days we will work from the ground. There are many different tasks to do from the ground that will benefit your horses strength. Find a professional to help you and your horse learn some safe exercises for your type of horse. These exercises will change as your horse changes so be willing to be open and try new things for your horses sake. When I work my horses from their back I spend most of time doing transitions of gaits. Gait changes are a great way to build strength as well as mental fitness. There again, book a few lessons with a trainer to help pick what is a good workout plan for you and your horse. It needs to be something that will help both horse and rider get better.

Q: How much time do you recommend for conditioning outside of the arena?

A: I personally spend a good deal of time working outside of the arena. I feel this is a great way to aid in more mental fitness and gain muscle memory at the same time. I am not someone that can simply sit on a horse and wander through the woods though. I would rather be working on some of things that I will be exhibiting at the shows. This can be done as you go down the trails or work in a big open field. You can work your transitions as well as all gaits in any location. Use obstacles to gain more control of your horse by doing stopping, turning on the forehand/hind quarters, working side passes, backing up.... All of these tasks can and will need to be done and used while out of the arena. If you can

accomplish these things outside of the arena, the show ring will be a cinch!

Q: Is lunging part of your training or is it just used to blow off steam? To lunge or not to lunge?

A: I always use my lunge line when I get to shows.

It is a great way to allow your horse to buck and play in a new place before it is time to get down to work. This changes from horse to horse but some need it this opportunity more than others. If your horse lives in a field at home for most of the day, he is used to lots of movement. When you get to a show and he stands in a stall for about 23 hours per day he will feel like he has loads of energy he needs to blow off. Allow him that opportunity. It will make your life much easier and his much more consistent with what you have conditioned him to at home.

I will use lunging as a tool at the farm from time to time. I do not do much at home though. I would rather teach my horses something then simply let them blow off steam when at home. When necessary, though, it is a great tool to have and use.

Q: I am on a very tight budget and can only afford occasional lessons. What is your advice on how to make the best of this situation?

A: Lessons can be a great way to measure how you and your horse are doing. This would ideally be a person that gets to see you and your horse once or twice a month. That will allow them to be fresh eyes looking at your horse. They will be able to see the bigger picture. It is hard to see small changes when you see something every day. Your trainer/coach will be able to see those small changes.

Finding the right person for you and your horse is the biggest task you will have. Everyone learns/teaches differently. Look for someone that has traits that you can learn from. Remember to think of your horse to. You do not want to have your horse with someone that does not do him justice just because you like their teaching style. Take your time and go to several farms to find the right fit. There is no reputable farm that will have a problem with you coming in for an interview or watching a lesson.

Depending on you and your horse's skill level, you will need more or less instruction. Try to get as much done as possible on your own. If you find yourself getting off the beaten path, call out for help. We all need assistance from time. I call peers and ask for input and/or advice all the time. If it is something that cannot be explained easily, ask someone to make a short video that you can send a trainer for some input. Keep it short, simple and to the point though. If you do this once in a while you will be able to keep progressing without needing as many specific lessons. Maybe you can work it out where a video lesson is half price. Maybe a trade of cleaning some tack or stalls for a lesson. There are many options, don't hesitate to ask!



Dale Brown comes from a long line of successful horsemen. As a fourth generation horseman, he has been raised in the equine culture and has been training and showing Arabians for over twenty five years. Dale and his students have garnered over fifty prestigious National honors in the Open, Amateur and Youth divisions at the U.S., Canadian, and Youth Nationals; as well as countless Regional & Class A Championships. Dale Brown Performance Horses; with a strong emphasis on the Western & Hunter Pleasure Divisions, has also developed its program to successfully train horses and instruct riders & handlers in Reining, Sidesaddle, English Pleasure, Horsemanship, Equitation, Halter and Showmanship.



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No one needs an introduction to the breeding program of Denni Mack. Koweta bred horses have been winning National & Regional Championships for decades, and with Denni's ongoing program, they will be for years to come. Highly sought after, Koweta bred individuals are winning in most every discipline and being used in breeding programs both domestically and internationally. Koweta has something for everyone!



Koweta Deacon

AM Gypsy Village x Divine Promise

*15 years, Grey, 15 hands
CA and SCIDS tested clear
2016 stud fee: \$1,500*



*Deacon's pedigree includes some of the greats close up. His dam is a daughter of National Champion *Marsianin and her dam was out of a *Silver Drift daughter, full brother to *Serafix. His sire, AM Gypsy Village, is by the Australian import *Bremervale Destiny, found in the majority of champion pedigrees across that nation. And Gypsy's dam carries the best of Al-Marah breeding being by Al-Marah Sea Captain. Both sides of Deacon's pedigree carry lines to the Crabtree moving horse, Rissalix, found also in many of the Russian pedigrees. That counts for Deacon's athletic ability to sire great forward movement. His head is exquisite, coming from both sides of his pedigree.*



AL-MARAH FIGHT FAIR

AM Double Dream x AM Fairly Fresh

*12 yrs, Grey, 14 hands~CA & SCIDS clear
2016 stud fee: \$1,500*

Sweepstakes Nominated Sire & WCAHA Futurity

Pure Al-Marah with type, balance, movement, grace AND the greatest disposition I've ever had in a stallion! His dam is by Al-Marah Garcon who is also of the Rissalix line, so he has great forward motion and extension and is siring it. All his foals have his beguiling and people-oriented disposition and are great fun to have around. Fight Fair, himself, is unshown, but his oldest "children" are winning in the Sport Horse In-Hand arena and others are up and coming in the endurance world. And they ALL are way surpassing him in size, several over 15 hands.

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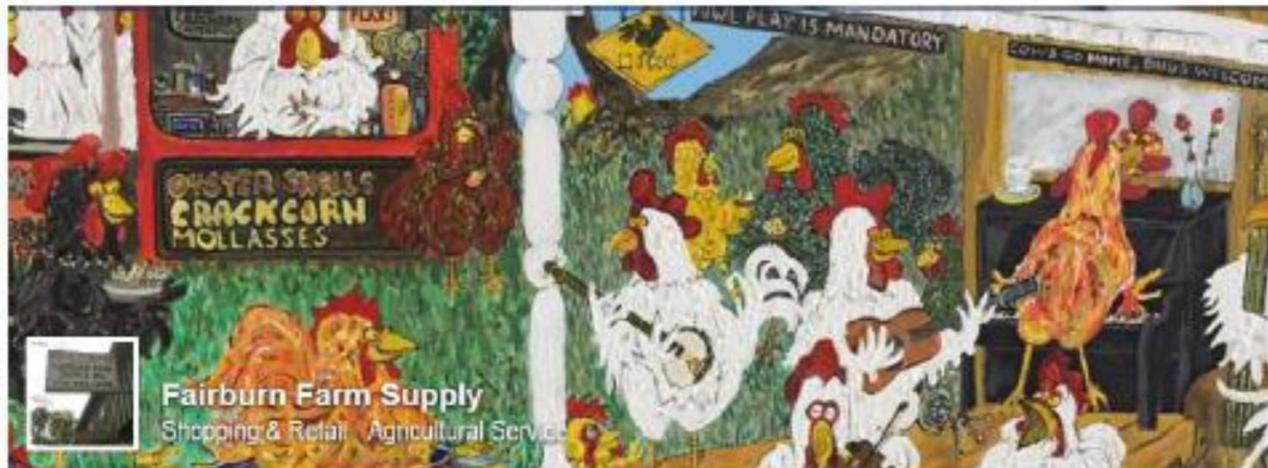
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Moving as one sounds mystical, but it isn't. It's a give and take of perception between partners.

~Anna Blake



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